

What is CHPT?

A Fact Sheet for Community Members



Communities & Health Professionals Together

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Communities & Health Professionals Together (CHPT, formerly Communities & Physicians Together) is a partnership between the UC Davis Departments of Family & Community Medicine, Internal Medicine and Pediatrics; and seven grassroots, community-based organizations in Sacramento and Yuba counties. These partners have joined together around their common belief that communities are powerful forces when it comes to the health of children, families and other community members. The goal of CHPT is to train future health professionals to work with communities to improve the health, safety and overall well-being of their patients.

What is a "Resident"?

A Resident—or Resident Physician—is an individual who has completed both college and medical school, and who has also earned their Medical Degree (MD). After receiving their MD, they enter a Residency Training Program for hands-on education at a teaching hospital, such as the UC Davis Medical Center. For three or more years, they practice medicine under the supervision of "attending," physicians who are accomplished doctors and faculty at the teaching hospital. A Resident in his or her first year is called an "Intern."

What does the Resident do in my community?

The Resident comes to your community to:

1. Learn about your community and the Asset-Based Community Development approach to working with communities
2. Interact with local community members, leaders, groups and organizations
3. Form partnerships to plan and implement reciprocal, health-related community projects that will benefit the community

How long will the Resident be in my community?

Residents spend two weeks per year, for three years, in your community. They do not get to choose when they spend time in the community, as their schedules are determined entirely by the hospital. Outside of their time in your community, the rest of their training time is spent in medical settings, such as the hospital and various clinics.

What is my role with the Resident?

Residents are in your community to learn, and you are a valuable teacher. As a community member you have expertise and knowledge to share. Your CHPT Community Faculty (a local leader in your community) might ask you to meet with the Resident, explain your role in the community, talk about your experiences or even work on a project with the Resident.

What if I need more information?

Talk to your CHPT Community Faculty if you'd like more information about Residents in your community. If you're interested in more general information about Residents or the CHPT project, visit our website at www.cpt-online.org or call Elizabeth Sterba, CHPT Manager at 916.734.2156.