

*Communities & Health Professionals Together (CHPT) strives to give every person a healthy present and future by teaching health professionals, both in training and in practice, how to make a difference through active community partnerships to support communities in raising healthy children and families.*



### Contacting CHPT

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*A Partnership for  
Healthier Communities*

## What is CHPT?

Communities & Health Professionals Together (CHPT) is a partnership between health professions training programs in the UC Davis Health System and a variety of small, community-based organizations in the Sacramento region. The aim of CHPT is to increase collaborations between health professionals (both in training and in practice) and local health consumers, to improve the overall health of children, families and communities.



## Who are the CHPT partners?

- Cordova Community Collaborative
- Harmony Health Family Resource Center
- River Delta Healthy Start
- River Oak Family Resource Center
- Tahoe/Colonial Collaborative
- Valley Hi Youth & Adult Coalition
- Sacramento ENRICHES
- UC Davis Departments of Family & Community Medicine, Internal Medicine and Pediatrics
- ...and more! For a complete list, visit our website at [www.cpt-online.org](http://www.cpt-online.org)



## What does CHPT do?

There are many activities that occur under the CHPT umbrella, including:

- **School Health:** a nutrition education program for 800 fourth and fifth-graders in five Sacramento schools
- **AmeriCorps\*VISTA:** an initiative that places motivated, long-term volunteers in CPT communities
- **National Children's Study:** CHPT is the UC Davis team lead for all community engagement activities in this exciting NIH-sponsored study

The cornerstone of CHPT, however, continues to be our **primary care training program**. CHPT partners health professions trainees such as resident physicians—doctors with their medical degrees finishing their last step of training—in partner communities to learn the importance of and skills for engaging local individuals, associations and institutions in discussions and activities around health.

Through CHPT trainees learn the Asset-Based Community Development (ABCD) approach to engagement and use it to establish meaningful partnerships; and design, implement and evaluate community-responsive health projects, all so that they may be better physicians in the future.

## Does CHPT work?

Initial analysis of qualitative data shows that CHPT (formerly Communities & Physicians Together—CPT) is effective in changing the attitudes of trainees (see our article in the May 2006 issue of *Academic Medicine*). In addition, community partners consistently report that residents' projects and interactions with neighbors and organizations increase health awareness in their communities and help local health consumers feel more confident when seeking care.

## Awards & Achievements

- 2002: Grantee, Anne E. Dyson Community Pediatrics Training Initiative
- 2005: Recipient, Community Campus Partnerships for Health National Award
- 2005: Publication in *Pediatrics* (Volume 115)
- 2006: Publication in *Academic Medicine* (Volume 81)
- 2009: Recipient, Thomas Ehrlich Award for Service Learning

